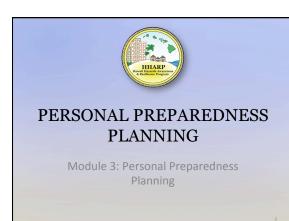




**GOAL:** To enhance community resilience to multiple hazards through a facilitated education and outreach program that promotes hazard understanding and awareness, and offers tools and information resources to guide mitigation, preparedness, response and recovery.



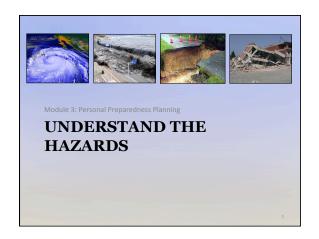
### **Contents**

- Preparedness Planning Steps
  - Understand the Hazards
  - Make a Family Emergency Plan
  - Prepare a Disaster Supply Kit

Module 3: Personal Preparedness Planning
PREPAREDNESS
PLANNING STEPS

# **Preparedness Planning Steps**

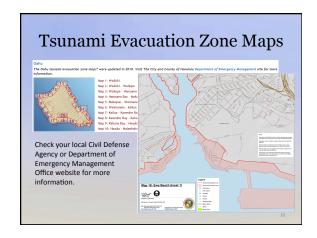
- 1. Understand the hazards
  - $\checkmark$  Learn about the hazards and their impacts.
  - ✓ Find out if your home/work/school is in a hazard evacuation zone.
- 2. Make a family emergency plan
  - Training (CPR, utility shut-off, etc.)
  - ✓ Contact information; communications
- 3. Prepare a disaster supply kit (for at least 7 days)
  - ✓ Food, water, clothing, other supplies
- ✓ Remember your pets!
- 4. Practice your plan!

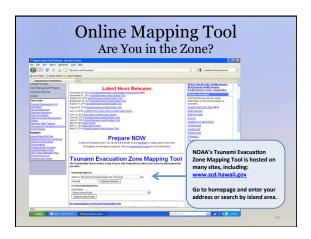


### Understand the Hazards

- 1. Learn about the hazards and their impacts.
  - ✓ Explore Module 1.
- 2. Is your home, work, school, (or other places where you spend significant time) in a hazard zone or evacuation zone?
  - ✓ Explore online mapping applications.
  - ✓ Consult your telephone book (tsunami evacuation zones).
  - Ask your local civil defense agency or emergency management office.

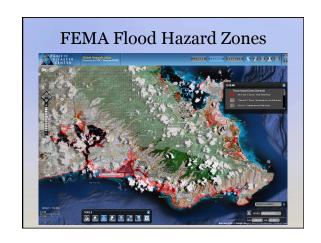
# Tsunami Evacuation Zone Maps Consult the Disaster Preparedness Guide in your telephone book for maps of your area: TSUMAN EVACUATION ONUMBER 15 YOUNGHAN BAY TO POKAL BAY PROPERTY OF THE WORK OF THE TOWN THE

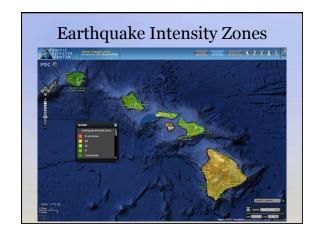






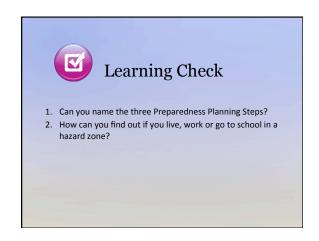














### Your Family Emergency Plan

- · Create a family emergency plan that includes:
  - Addresses of emergency meeting places that are 1) outside your home (for sudden emergencies), and 2) outside your neighborhood (in case you cannot return home).
  - Contact information for all family members.
  - Selecting an out-of-state friend as a "check-in-contact" person for everyone to call (it may be easier to call longdistance).
  - Evacuation plan.
  - Household procedures (location of fire extinguisher, utility shut-off valves).
  - How pets will be cared for.

# Your Family Emergency Plan

- Resources for developing a Family Emergency Plan:
- <a href="http://www.ready.gov/make-a-plan">http://www.ready.gov/make-a-plan</a> (FEMA)
- http://www.redcross.org/www-files/Documents/ pdf/Preparedness/checklists/ Be Red Cross Ready.pdf (American Red Cross)
- <a href="http://www.pdc.org/resources/preparedness-info/family-disaster-plan/">http://www.pdc.org/resources/preparedness-info/family-disaster-plan/</a> (PDC)



# Your Disaster Supply Kit

- Prepare a Disaster Supply Kit that includes:
  - Water (7-day supply of 1-gallon per person, per day).
  - Non-perishable food (7-day supply).
  - First aid supplies (for home, and vehicle).
  - Clothing and footwear (1 complete change per person).
  - Bedding
  - Tools and supplies (radio, flashlight, sanitation items, etc.)
  - Special items (medications, infant formula and supplies, important documents, games, books).
  - Water, food and supplies for your pets.
- Keep items needed during evacuation in an easy-tocarry container (e.g., backpack or duffle bag).

# Your Disaster Supply Kit

- What to Include in your Disaster Supply Kit:
  - http://www.ready.gov/build-a-kit (FEMA)
  - http://www.redcross.org/www-files/Documents/pdf/ <u>Preparedness/checklists/Be Red Cross Ready.pdf</u> (American Red Cross)
  - http://www.pdc.org/pdf/preparedness/fds-all.pdf (FEMA, American Red Cross)
  - http://www.pdc.org/resources/preparedness-info/ disaster-supply-kit/ (Pacific Disaster Center)
  - Disaster Preparedness Guide (see your local telephone book)

